Botox

Reduce wrinkles safely

Botox is a popular, quick, and effective treatment for reducing the appearance of dynamic wrinkles, it requires professional administration in order to decrease any risks. Regular maintenance is needed for ongoing results.

At RevivEstetik Botox is done by fully qualified Aesthetic practitioners with up to 18 years of experience. This guarantees best possible results with the lowest risk possible.

**How Botox Works**

* **Mechanism**: Botox works by temporarily paralyzing the muscles that cause wrinkles. It blocks signals from nerves to the muscles, preventing the muscle contractions that lead to dynamic wrinkles (those formed by facial expressions like smiling or frowning).
* **Target Areas**: It's most effective on dynamic wrinkles, such as crow’s feet (around the eyes), frown lines (between the eyebrows), and forehead lines, but it can also be done on other areas of the face like bunny lines, gummy smile, lip flip, downturned mouth, masseter etc.

**Is Botox used only for dynamic wrinkles?**

* **Migraine**: Can drastically reduce the severity and frequency of headaches
* **TMJ pain**: normally caused by teeth grinding – relieves almost immediately pain and discomfort in the jaw.
* **Facial Tics and Facial Spasms**: will decrease and even stop the involuntary muscle movement
* **Hyperhydrosis**: an excellent treatment to control excessive sweating

**Procedure**

* **Injection**: A licensed practitioner injects small amounts of Botox into specific muscles. The process is relatively quick, often lasting around 10-20 minutes.
* **Minimal Discomfort**: Some patients describe the sensation as a slight pinch.
* **Downtime**: There's little to no downtime after the procedure. Most people return to normal activities right away.

**Results**

* **Time to See Effects**: Results typically begin to appear within 3 to 5 days after the treatment, with full effects visible after 1 to 2 weeks.
* **Duration**: The effects of Botox are temporary, lasting about 3 to 6 months. As the effects wear off, muscle activity returns, and wrinkles may reappear.
* **Maintenance**: Regular treatments are required to maintain results over time.

**Benefits**

* **Quick and Non-Surgical**: Botox is a minimally invasive treatment with no need for surgery or recovery time.
* **Effective for Dynamic Wrinkles**: It’s particularly successful in smoothing out wrinkles caused by facial movements.
* **Prevention**: Some people use Botox preventatively to avoid the formation of deeper wrinkles as they age.

**Risks and Side Effects**

* **Common Side Effects**: These may include temporary redness, swelling, or bruising at the injection site. Some people may experience mild headaches or flu-like symptoms.
* **Other Side Effects**: In rare cases, Botox can cause eyelid drooping or uneven eyebrows. These are temporary and can be corrected, highlighting the importance of a follow-up if needed.

**Who Should Avoid Botox**

* **Pregnant or Breastfeeding Women**: Botox is generally not recommended during pregnancy or breastfeeding.
* **Certain Medical Conditions**: People with neuromuscular disorders (like ALS or myasthenia gravis) or allergies to botulinum toxin should avoid Botox.
* **Medication Interactions**: Botox can interact with certain medications, such as blood thinners and muscle relaxants.

**Cost**

* **Pricing**: The cost of Botox varies depending on the region, the amount of Botox needed, and the practitioner’s expertise. It’s usually priced per unit, and a typical session for wrinkles may require 20-60 units. Prices vary between €100 - €260 depending on Units used.
* **Insurance**: Botox for cosmetic purposes is typically not covered by insurance.

**Choosing a Practitioner**

* **Certified Professional**: Always ensure that your Botox injections are administered by a qualified and experienced Aesthetic Doctor.
* **Consultation**: A consultation is necessary to discuss your goals, expectations, and any concerns before the procedure. As the procedure does not take long, patients may choose to do the treatment on the same day of the consultation.